



Parent Participation Classes

Children ages 1-4 learn and grow together with classmates and parents/caregivers to become more confident, develop peer interactions, and also work on their motor skills, all through playing.

Outline of a Class...

5-10 minutes of free play while children arrive

5 minutes for circle time for introductions, sing-a-long songs and warm up exercises.

5-10 minutes for an obstacle course to develop balance, coordination and large motor skills

30-35 minutes of various activities to focus on sharing toys, following directions, playing cooperatively and interacting with others in the class

2-3 minutes of free play

Circle time & sing-a-long goodbye song

*** Obstacle course and activities change each week to develop different skills and keep children engaged.*

Class and Gym Policies...

Class Time: The first 5-10 minutes of the class is free play. We do not begin our circle time until after this free play. This time allows the children to come in and warm up a bit both physically as well as emotionally. It also allows them to play and use up a little energy before asking them to sit in circle time. The last few minutes of class is also free play as the activities are cleaned up and put away prior to our ending circle time.

Make Up Classes: If you cannot make your regularly scheduled class for any reason, you are welcome to make up one missed class per session by attending another class at another time any of the weeks in that session. All make up classes must be completed within the session in which the class was missed. We do not carry make up classes from one session to the next. Contact Jen to schedule a makeup.

Parent Participation: For all of our Tadpoles, Pollywogs and Frogs classes, parents are required to stay and participate in class with their child.

Sibling Visitation: Older siblings are not permitted to attend class. Siblings under the age of 1 may attend class, but may not participate in the activities or use the equipment at any time.

There are no food or drinks allowed in the gym: Please keep all drinks and snacks in the kitchen. You are welcome to use water cooler as long as the cups of water stay in the kitchen.

No shoes are allowed in the gym: Shoes are not permitted for children or adults. Socks are recommended to make the slides easier to slide down, but not required.

- CONTINUED ON THE OTHER SIDE -

Free Open Play: With your registration in our Fall, Winter and Spring classes, you also receive 1 free open play per session of the session in which you are enrolled. If you want to attend a second time during the session, you may do so by paying the regular fee. We do not carry free open plays from session to session. If you do not come to an open play during your enrolled session, you cannot use that missed one the following session to come twice. We do not hold open play in the summer.

Behavior Expectations: Our classes are considered to be “encouraged structure”. We bring different equipment and toys out to play with, we sing songs, we do obstacle courses and we encourage the children to participate in our activities together. Sometimes children want to do something else, and that is ok. If your child does not want to play with blocks when we have the blocks out or swing when we have the swings out, that is perfectly fine. We will try to encourage them to play with the item, but they are always welcome to go do something else. If your child is having a hard time sharing, or having any sort of issue, please know that you aren’t alone. We have all been through this. We are a judgment-free zone and we encourage you to handle any behavior issues as you see fit. If you need to let them have a tantrum in the gym in order to help teach them, that is your choice and you are free to do whatever works for you. Please don’t feel like you need to give in to them, or rush them out of the gym just to keep them calm. We are a space for learning and that includes behavior learning as well. The teachers here will encourage basic polite behavior, sharing, saying please and thank you, no pushing, etc.

Please do not allow your children to go into the toy closet: There are many toys stacked on high shelves and it is not a safe environment for toddlers.

Sign in: Waiver must be completed annually prior to attending the first class

If you have any questions, please don’t hesitate to contact us by phone, email or in person! Thank you!